

Northern Colorado Intergroup of Overeaters Anonymous
Meeting Minutes
Saturday, June 10, 2017 10:45 a.m. - 12:15 p.m.

Present: Nimita, Mandy, Lindsey, Gail, Joyce (for Lori)

1. Formal Opening (10 minutes)
 - a. Connect to Audio Conference: 605-475-2090, 155901#
 - b. Serenity Prayer
 - c. Introductions
 - d. Sign-In
 - e. Agenda reviewed
 - f. 12 Steps, 12 Traditions, Concept of the Month
 - g. Roberts Rules of Order and NCIOA Bylaws are available upon request
2. Reports (20 minutes)
 - a. Minutes reviewed- **Ashley- the minutes can be posted online- they have been approved.**
 - b. Secretary's Report (Nimita)
 - c. Treasurer's Report (Al)

Like last month, there are items that don't match. Last month, the report included expenses \$50.00 and \$41.85 that did not appear in the bank statement. This month, the checks appear in the bank statement, but not in the treasurer's report.

Note that the bottom lines match this month: \$9546.20.

Also, I've tried to correct the FY2016/2017 budget targets and the % of Budget amounts for the expenses (last month I provided the % of budget for the contributions).

We're on track on both the revenue and expense sides. That's a good thing.

- d. Outreach (**VACANT**)

***Lindsey** is interested, but has some concerns and questions. She will do some research and get back to us by the end of June. She will let the group know via email.*

 - i. Purchasing recording equipment from Jim
 - ii. BVSD contact in August and put in benefits newsletter for June
Pending acceptance, Lindsey may be put into contact with BVSD via Mandy

- e. Communications (Telephone/Gmail account/Meeting List/Newsletter) (Carol)

Just two live calls to the one this month...called back and left messages about meetings. A few hang ups, too.

No special emails other than IG business and announcements about the convention. Did everyone see the flyer? I can forward, if not.

I will be updating the newsletter/meeting list for July...please send me any info you'd like included....of course the convention will be included.

- f. WSO/Region III (BJ)

No update as BJ is not here

- g. Lifeline (Gail)
- h. Webmaster (Ashley)
- 3. Old Business (30 minutes)
 - a. Open positions: Vice-Chair, Outreach
 - b. Reminder: Professional Outreach pamphlets available for individuals/groups and events (with Lori)
- 4. New Business (20 minutes)
 - a. Sponsorship Podcasts

***Mandy** is asking **Carol** to put sponsorship podcasts in newsletter and **Ashley** to add them to the website.*

- b. Farmer's Market Outreach
Broomfield Farmer's Market 1x a month (Tuesday evenings)
Need volunteers for these spots (4 to 7 pm)

June 20, July 11, August 15, September 19

Get in touch with Mandy if you can volunteer for any of these Farmer's Market times

- c. Looking Ahead - State Convention September 15-17 Carol sent out flyers
DoubleTree by Hilton Hotel Denver - Stapleton North
Address: 4040 Quebec Street Denver, Colorado 80216

Tell our groups about this convention.

- i. IG breakout session - contacted CCIG
- d. Fundraising Ideas (emails sent out)
BJ sent emails out for fundraising
Pens, journals, bracelets,
New business for next month: Northern Colorado intergroup painting fundraiser
Fun, casual
- e. Summer Social Gathering?
Chatauqua – picnic lawn games?
Maybe different regional social events – Broomfield/ Boulder/ Ft. Collins
Sandstone Park/ Collyer? Park in Longmont
Sometime in August?
Reserve Covered Pavilions with the city
Bring a lunch

Mandy will put out an email to see if anyone is interested in helping to plan this.

- f. Next Meeting: 2nd Saturday of September in Ft. Collins At 11:15 on 9/9/17
St. John's Lutheran 305 E Elizabeth St, Fort Collins, CO 80524
- 5. Closing
 - a. Rosanne's Prayer (I Put My Hand in Yours) "I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams."

UPCOMING EVENTS:

- September 15-17, 2017 - State Convention
- *September 2017 - begin IDEA Day planning*
- October 2017 - Elections
- November 2017 (3rd Saturday) - International Day of Experiencing Abstinence (IDEA) Day*
 - *poll after: how did you hear about it*
- *Fall 2017 - 3-year budget and strategic plan*
 - *Examine contributions*
 - *Establish prudent reserve?*
- December 12, 2017 - 12th Step Within Day*
- January 2018 (3rd Saturday) - OA's Birthday*
- February 25, 2018 - Unity Day*
- April 2018 - 9News Health Fairs
 - *Debriefing from 2017:*
 - *Do fewer health fairs so not spread too thin?*
 - *Combine with CCI?*
 - *Give more lead time and committee to handle health fairs?*
 - *Talk to CCI about how to interact with public, strategies for garnering interest?*
 - *Assign a health fair to a meeting to manage volunteers?*
- April 23-28, 2018 - World Service Business Conference (Albuquerque, NM)
- August 2018 (3rd Saturday) - Sponsorship Day*
- Fall 2018 - Region 3 Assembly in Colorado Springs
- *Fall 2018 - form committee for 2019 State Convention*
- Fall 2019 - NCIGOA hosts State Convention
- Ongoing quarterly - newsletter
- Other??

*: one of the five OA "holidays"