

Northern Colorado Intergroup of Overeaters Anonymous

Sunday, September 9, 2018

4:15 p.m. - 5:45 p.m.

Meeting Minutes

1. Formal Opening

- a. Connect to Zoom/Audio Conference: (back up only) 515-604-9834, 773844#
- b. Serenity Prayer
- c. Introductions
- d. Sign-In – PRESENT (via Zoom/phone): Mandy, Ashley, Al, B.J., Carol, Francoise, Lori
- e. Establish quorum
- f. Review of Agenda
- g. 12 Steps, 12 Traditions, Concept of the Month
- h. Roberts Rules of Order and NCIOA Bylaws are available upon request

2. New Business

- a. Elections
 - i. Make a pitch for Intergroup at state convention 10/13 and invite people to IG meeting for elections at 4:15 p.m. 10/21 at New Beginnings in Longmont
- b. Budget
 - i. Below projected amount for 2018 7th tradition revenue
 - ii. Table overview until new officers elected in October
- c. “Rebuilding Relationships in Recovery with the Twelve Traditions” 2019 conference proposal (Ginger; led by Mike and Tawna, Brenda) – Share at meetings, print fliers
 - i. Unity Day weekend 2019
- d. Planning for Treasurer transition
 - i. \$500 check to Sunrise Ranch had not yet cleared
 - ii. Al stepping down; Mandy is interested
- e. RIII and WSBC rep for October - ANNOUNCE
- f. OA 2019 State Convention
 - i. ANNOUNCE at meetings: Need a convention chair (needs 1 year abstinence and to have completed the steps); can talk with past chairs for guidance: Chris & Marti 2016, Camberley 2013
 - ii. Need to form planning committee, book hotel before end of 2018 (The Loft again?), review convention planning manual
- g. Website enhancement
 - i. Add information that is unique to our site, not same as Denver’s – B.J. has a list of ideas
 - ii. Hold and discuss after October’s elections, with new webmaster
- h. Bank accounts for meetings’ 7th tradition
 - i. Some meetings have inquired about piggybacking on the Intergroup’s tax ID for creating bank accounts for their 7th tradition donations
 - ii. Only Boulder has a banking account; most do not maintain high enough balances beyond prudent reserves to need a bank account
- i. Meeting info (from BJ)
 - i. Shared that there are guidelines about privacy during phone meetings, visible phone numbers in conference calls, etc. – there is a disclaimer on the OA website so we don’t need to add it to our own
- j. Get our own Zoom line and offer to other groups – More research needed
- k. Looking Ahead to Upcoming Events - 10/13 at 4:00 or 4:30? - IG pitch

- i. Next Meeting: October 10/21 Convention (Meeting options (skype, zoom, etc.))
 - 1. Time: 10/13, Saturday 4:30?
 - 2. Address: in-person and phone
- ii. IDEA Day is November 17-18
 - 1. Localized activities, not Intergroup organized
 - 2. ANNOUNCE 10/12 DEADLINE for local groups to email Carol what they plan to do for IDEA Day (Mandy to email announcement)
 - 3. Carol will make a flier listing the groups' plans

3. Old Business

- a. Open positions: Vice-Chair, Outreach, Lifeline
- b. Reminder: Professional Outreach pamphlets available for individuals/groups and events (with Joyce)

4. Reports

- a. Review Minutes, Approve Minutes to be posted on web (vet anonymity)
- b. Secretary's Report (Nimita - absent)
- c. Treasurer's Report (Al) – Emailed to everyone; will continue reporting monthly
- d. Outreach (VACANT)
 - i. Purchasing recording equipment from Jim
 - ii. Fundraising
- e. Communications (CCI Telephone/Gmail account/Meeting List/Newsletter) (Carol)
- f. WSO/Region III (BJ and VACANT)
- g. Lifeline (VACANT)
- h. Webmaster (Ashley) – Ashley stepping down in October after 2 years of service; no other web updates