

**Northern Colorado Intergroup of Overeaters Anonymous**  
**Monday, December 10, 2018**  
**Minutes**

Opened the meeting at 7:10pm

In attendance- Mandy – Chair; BJ- WSBC Delegate, Reg. 3; AI – webmaster; Lori-treasurer; Freya-communications; Nimita, Camberly- 2019 State Convention Comm; Joan, - Thursday Louisville Rep; John- FC Tues PM rep; Carol – Secretary.

**New Business/State Convention report** – Camberly – Shared the minutes from Envisioning Meeting – Mandy emailed these to attendees.

Theme is to “carry the message of hope” and to focus on community.

Considering a Big Book track; and have it interspersed with tools and other topics

Fall time frame

Front Range most likely location

Eliminate banquet – but retain an evening event on Saturday

Most pressing - Need date and location

Need more participation in planning; Aim is to have every NOCO meeting represented in planning.

Meetings will be in Boulder but can be attended virtually. Stay tuned for next planning meeting date.

**Old Business –**

IDEA Day debrief – 3 events- Boulder; Broomfield; Fort Collins – all meetings focused on IDEA Day topics.

Webstie Enhancement – AI

Will investigate the Denver template possibilities

Zoom Line- Motion to pay for year long Zoom Line –(Carol, AI) – 14.99/month??? Thank you, BJ Groups (individual meetings or events) can use the zoom line to reach further.

Traditions Retreat - currently only 2 signed up. Discussion as to whether we continue to offer or to postpone until next year. It was decided to put our focus on planning the State Convention and a Unity Day event and use the deposit another year.

Unity Day February 23/24 – Lori, Freya and Carol will check availability of spaces for a Unity Day event – next IG meeting will focus on that topic.

Reports:

1. Outreach (**VACANT**) – still vacant
  - . Purchasing recording equipment from Jim
  - i. Fundraising
2. Communications (Gmail account/Meeting List/Newsletter) Freya encouraged groups to share the Northernserenity@gmail for member to sign up. Update to meeting list coming in January
3. WSO/Region III (BJ and **VACANT**) – Bj shared the development of a Speaker and Sponsor list. Next assembly is March 21-23 in San Antonio
4. WSBC is in Albuquerque May6-11; Virtual Services Assembly is Jan 18-20
5. Lifeline (**VACANT**)
6. Webmaster (AI) – added a section of State Convention info to website

**NEXT IG MEETING – VIA ZOOM - Monday, January 7 – 7:30 -8:30 pm.**

**Meeting Adjourned at 8:20 p**

