

Northern Colorado Intergroup of Overeaters Anonymous
Wednesday, September 11, 2019
Minutes

Opened the meeting at 6:30pm

In attendance- Mandy – Chair; AI – webmaster; Freya-communications; BJ – Region 3, World Service Rep; Carol, Secretary

New Business:

IDEA DAY – AI will research using the Longmont Church at 3rd and Terry for Sat. Nov. 16th or Sunday, November 17th. (It is since been scheduled for Nov. 17th from 12:30-2:30)

Freya suggested researching the history of abstinence; and we could possibly use a reading from our Abstinence literature on that day. Save the date will be shared at convention. More discussion and planning to take place at the October 23rd. IG meeting.

By-Laws discussion Looking into the suggestion of 6th months abstinence requirement to serve on the IG board. By-laws to be reviewed after the first of the year.

Old Business:

Google Group for IG only AI proposed/seconded by Carol– AI will set up a group just for IG members/ reps.

Region 3 still has funding for speakers to come to local meetings and events.

State Convention Report: AI: 60+ registered at this time; 7 scholarships so far;

Freya: program – panels for each step – 3 people each; Will have a young people's gathering; and a sponsor meet & greet. Entertainment will be open mic on Saturday.

Open Positions – continue to look for Outreach rep. and Vice-Chair; Continue to find meeting reps

BJ remains as R3 and WSBC rep

Reports:

Secretary – none

Treasurer – Lori absent; Balanced accounts; several group donations; Final Balance is 7948.61.

Communications – Freya reported October newsletter forthcoming- will target Elections and a possible topic.

WSO/Region – BJ encouraged meetings to use the ZOOM room for hosting meetings; will send her expenses soon; submitted written reports;

E-Workshops the 2nd Sunday of each month – 3pm EST(1pm MST). Flyers available to pass out at meetings.

Webmaster – AI reported he is working hard with convention web work!

NEXT IG MEETING – VIA ZOOM - Wednesday, October 23rd, 6:30pm

Meeting adjourned at 7:55 pm.