

Northern Colorado Intergroup of Overeaters Anonymous
Monday, March 2, 2020
Minutes

Opened the **meeting** at 6:32pm

In attendance- Freya-communications/newsletter; BJ – Region 3, World Service Rep; Lori, Treasurer; Carol, Secretary; Mary-Thur. Boulder rep; Ellen, Sat. Ft. Collins rep; Chris, Visitor/Boulder; Beth, Thur. Ft. Collins rep.

New Business:

UNITY DAY debrief– Mary shared that the Sat Boulder meeting did a bookmark activity that was well-received; Freya mentioned the Thurs Boulder meeting had a speaker addressing the topic of unity; Lori attended the Sat FC meeting – they did readings and sharing on Unity. BJ attended the Virtual mtg addressing Unity – 66 people worldwide – very powerful – possible marathon next year.

Bylaws amendments – AI previously posted the changes to the website and IG was sent these changes - Bylaws amendments were **accepted** (Lori/Freya)

Reg. 3 Bylaws amendments – BJ spoke to the same types of “housekeeping” changes – our IG approves that they be discussed at the Region assembly this month.

9 News Health Fairs – Joyce sent out current list – Greeley Sat. April 18/ Fort Collins May 1&2nd (Fri/Sat). Times are 7am-noon. Lori will touch base with Joyce to see if Boulder is added or any other locations. Motion was made and **passed** approving up to 700.00 for purchase of 2 or more large promotional signs to use at health fairs and other events. (BJ/Ellen). BJ will research and work with Lori to purchase these ASAP.

Sponsorship Day – Aug. 15/16. May meeting will address specifics as to what type of event. Meeting reps were encouraged to ask their people what they might like to see or learn about and bring that back to the next meeting. Freya will put the dates on the April newsletter so people will be aware of the event.

Next IG meeting – Monday, May 11th at 6:30pm via Zoom

Old Business:

Open Positions – continue to look for meeting reps and Vice Chair

Reports:

Secretary – none – (BJ/Ellen – minutes from Jan. passed)

Treasurer – Lori – no action this time – balance 12,510.38. (forgot to vote on accepting)

Communications – Freya will work on April newsletter. Contact her with any announcements for it and if we need any notifications to go out to the email list.

WSO/Region – Sounds like we don't have anyone attending the Reg. assembly in Oklahoma. BJ is preparing for WSBC – she's trying for trustee. She also serves on the Virtual Service committee – reminded us of the 2nd Sunday of the month E-workshops. This month is Body Image on March 8th. 3pm EST(1pm MST)

Webmaster – AI - working on Facebook page – BJ added that we could use volunteers to help design the FB page. It can be used to promote activities we plan.

NEXT IG MEETING – VIA ZOOM - Monday, May 11th , 6:30 pm.

Meeting adjourned at 7:23 pm.

