

Northern Colorado Intergroup of Overeaters Anonymous
Monday, July 13, 2020
Minutes

Opened the **meeting** at 6:30pm

In attendance- Mandy, Chair; Freya-communications/newsletter; Lori, Treasurer; Carol, Secretary; Ellen, Sat. Ft. Collins rep; Chris, Region 3 Rep; Al, Webmaster, PIPO Chair;

New Business:

Zoom meetings debrief– Most reported steady; Discussed hosting a Zoom “201” workshop – no date selected
> Relapse Prevention Zoom workshop - Al made a motion/ Ellen seconded – no budget needed. **Passed** unanimously. Scheduled for Sunday, Sept. 27th, 1-2:30pm. Al, Carol and Betsy(Louisville) will facilitate

Old Business:

Open Positions – continue to look for meeting reps and Vice Chair; Chris was voted in as Region 3 and WSBC Rep –(thank you, Chris!). Nominated by Carol/2nd from Ellen. **Passed** unanimously – Service commitment through October 2021
(Removal of meeting from IG list – Discussion but no closure - tabled til summer – wait to hear from Region/WService – Mandy emailed after our meeting that Reg/WSO supported removal from our list).

Reports:

Secretary – Carol - none – Approved Minutes from May meeting

Treasurer – Lori – balance 11,808.74. Lori proposed/Chris seconded – Sending another 1000.00 to WSO – **passed** unanimously

Lori updated our IG information with WSO; She also will research liability insurance

Communications – Freya – Continues to email out announcements about workshops and meetings to the northern serenity email list – Thank You!

Webmaster – Al - See above – the workshop in Sept.

NEXT IG MEETING – VIA ZOOM - Monday, September 14, 6:30 pm.

Meeting adjourned at 7:50 pm.