Guide for Boulder Saturday AM Meeting Zoom Facilitator

Information to Post in Chat

(latest change: February 23, 2023)

*Paste into chat at when prompted in the format by the leader:*

 Sign-up for Shared Service in our OA Meeting Shared Google Doc:

                OA Meeting Shared Google Doc:

                => https://docs.google.com/spreadsheets/d/1hzkA-QvA6e952E2uFlASUV5e1VOaMNnoQLSKLXsG1Oc/edit?usp=sharing

                Speaker Sign-up  (contact Karen at karen.isaac@me.com or 303-475-4511)

                You can sign-up for service directly in the shared google doc or by reaching out directly to the 'Contact' listed above.

                Service adds greatly to the success of this meeting!

7th Tradition:

Donations are completely optional. The suggested donation is $5.

For those who are meeting virtually via Zoom, there are two ways you can donate:

1. Put your donation aside each week in an envelope and give the envelope to Camberley when you can make it to the in person meeting.
2. Mail a check to our treasurer, Camberley:

Camberley Bates

 445 Quail Cir

Boulder CO 80304

1. Send your donation via Venmo to @oasaturdayboulder
2. Mail a check to the Northern Colorado Intergroup of OA.
* Payee: “NCIGOA Treasurer”
* Memo: Group #33429, Boulder, Sat. 9:30am
* Mail to:
	+ NCIGOA Treasurer
	+ PO Box 21302
	+ Longmont CO 80502
	+ Attn: Group 33429 Donation

# PRAYERS

### The OA Promise / ROZANNE’S Prayer / Unity Prayer):

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.

### Serenity Prayer

God, grant me the serenity to accept the things I cannot change

The courage to change the things I can,

And the wisdom to know the difference.

### 3rd Step Prayer—page 63

God, I offer myself to thee-to build with me and to do with me as Thou wilt.

Relieve me of the bondage of self, that I may better do Thy will.

Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life.

May I do Thy will always.

### 11th Step Prayer/Prayer of St. Francis of Assisi

Lord, make me a channel of thy peace

that where there is hatred, I may bring love

that where there is wrong, I may bring the spirit of forgiveness

that where there is discord, I may bring harmony

that where there is error, I may bring truth

that where there is doubt, I may bring faith

that where there is despair, I may bring hope

that where there are shadows, I may bring light

that where there is sadness, I may bring joy.

Lord, grant that I may seek rather to comfort than to be comforted

to understand, than to be understood

to love, than to be loved.

For it is by self-forgetting that one finds.

It is by forgiving that one is forgiven.

It is by dying that one awakens to Eternal Life. Amen.

At the end of the meeting, save the chat, edit it to remove personal messages, and mail it out to the email list bouldersaturdayoamtg@googlegroups.com